

Louisville Recreation Center Gymnasium

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY		
	North	South	North	South	North	South	North	South	North	South	North	South	North	South	
6:00 AM	BOOT CAMP			TRX	BOOT CAMP			TRX	BOOT CAMP						6:00 AM
7:00 AM		TRX				TRX				TRX					7:00 AM
8:00 AM	OPEN GYM		OPEN GYM				OPEN GYM				OPEN GYM				8:00 AM
9:00 AM													PICKLEBALL		9:00 AM
10:00 AM			REC PROGRAMS				REC PROGRAM			PICKLE BALL					10:00 AM
11:00 AM					OPEN GYM										11:00 AM
12:00 PM		JUMP ROPE				BOOT CAMP		TRX							12:00 PM
1:00 PM				TRX											1:00 PM
2:00 PM			PICKLEBALL		OPEN GYM		OPEN GYM		OPEN GYM		OPEN GYM		OPEN GYM		2:00 PM
3:00 PM															3:00 PM
4:00 PM	OPEN GYM														4:00 PM
5:00 PM															5:00 PM
6:00 PM				TRX				TRX							6:00 PM
7:00 PM	VOLLEY BALL DROP IN	BOOT CAMP	ADULT DROP IN BASKETBALL												7:00 PM
8:00 PM															8:00 PM
9:00 PM															9:00 PM

KEY

CLASS

DROP IN

PROGRAM

BOOKED

Boot Camp, TRX, Pickleball, and adult basketball, volleyball are all drop-in activities included with admission.

"Rec Programs" and "Booked" indicates there is no availability.